

General Caregiver Support				
DeForest, DeForest Area Community and Senior Center, 505 North Main St	3rd Thursday @3:00 pm	Natalie Raemisch	608-846-9469	
DeForest, DeForest Area Community and Senior Center, 505 North Main St	3rd Monday @10:00 am	Heartland Hospice staff	608-846-9469	Grief and support
Fitchburg, Fitchburg Senior Center, 5510 Lacy Rd	2nd Thursday @10:00 am	Fitchburg Senior Center Staff	608-270-4290	
Middleton, Middleton Senior Center, 7448 Hubbard Ave	Last Thursday @10:00 am	Laura Langer	608-831-2373	
Mt. Horeb, Mt. Horeb Senior Center, 107 N. Grove St	2nd Tuesday @1:00 pm	Mary Williams, RN	608-437-4810	
Stoughton, Stoughton Area Senior Center, 248 W Main St	3rd Wednesday @2:00 pm	Heartland Hospice Staff	608-873-8585	Grief and support
Verona, Verona Senior Center, 108 Paoli St	1st & 3rd Tuesday @10:00 am	Becky Losby	608-845-7471	
Waunakee, Waunakee Senior Center, 333 S Madison St	3rd Wednesday @3:30 pm	Waunakee Senior Center Staff	608-849-8385	
Alzheimer's & Dementia				
Fitchburg, Fitchburg Senior Center, 5510 E Lacy Rd	2nd Thursday @10:00 am	Alzheimer's & Dementia Alliance of WI staff	608-232-3400	Sponsored by Alzheimer's & Dementia Alliance of WI
Madison/Central, Capitol Lakes Retirement, 333 W. Main St	2nd Monday @noon	Natasha Killian	608-283-2000	Sponsored by Alzheimer's Assoc. South Central WI
Madison/West, Alzheimer's & Dementia Alliance of WI, 3330 University Ave, Suite 300	1st Wednesday @6:00 pm	Alzheimer's & Dementia Alliance of WI staff	608-232-3400	Adult Children
Madison/West, Covenant Presbyterian Church, 326 S Segoe Rd	1st Thursday @10:00 am	Alzheimer's & Dementia Alliance of WI staff	608-232-3400	Sponsored by Alzheimer's & Dementia Alliance of WI
Stoughton, Stoughton Area Senior Center, 248 W Main St #1	2nd Thursday @2:00 pm	Hollee Camacho	608-873-8585	Sponsored by Alzheimer's Assoc. South Central WI
Sun Prairie, Colonial Club Senior Activity Center, 301 Blankenheim Ln	3rd Tuesday @6:30 pm	Melody Riedel	608-837-4611	
Sun Prairie, Hyland Park, 881 Liberty Blvd	4th Thursday @1:30 pm	Lizzie Gernon	608-213-7810	Sponsored by Alzheimer's Assoc. South Central WI

Memory Cafes				
Cottage Grove/McFarland, Hope Lutheran Church, 3702 County HW AB	4th Wednesday @9:30-11 am	Georgia Punswick	608-839-4426	
DeForest, DeForest Area Community and Senior Center, 505 North Main St	4th Friday @1:00-2:30 pm	Natalie Raemisch	608-846-9469	
Fitchburg, Fitchburg Senior Center, 5510 Lacy Rd	3rd Thursday @10:30-noon	Fitchburg Senior Center Staff	608-270-4290	
Madison/West, Alzheimer's & Dementia Alliance of WI, 3330 University Ave, Suite 300	4th Saturday @12:30-2:00 pm	Alzheimer's & Dementia Alliance of WI staff	608-232-3400	Young onset dementia for those 65 and under
Middleton, Captain Bills Restaurant, 2701 Century Harbor Rd	1st Friday @9:30-11:30 am	Alzheimer's & Dementia Alliance of WI staff	608-232-3400	
Middleton, Middleton Senior Center, 7448 Hubbard Ave	1st & 3rd Wednesday @10:00-11:00 am	Kathy Lauer	608-831-2373	
Sun Prairie, Colonial Club Senior Activity Center, 301 Blankenheim Ln	2nd Thursday @9:30-11:00 am	Kim Peterson	608-837-4611	
Oregon, Sienna Crest Office, 845 Market St	4th Wednesday @6:00 - 7:30 pm	Sienna Crest staff	608-835-0040	Sponsored by Alzheimer's Assoc. South Central WI
Verona, Verona Senior Center, 108 Paoli St	Every Wednesday @10:00 am	Becky Losby	608-845-7471	
Waunakee, Steeplechase Apartments Clubhouse, 5636 Conway Glenn (off Woodland Drive)	1st Thursday @9:30-11:00 am	Cindy Mosiman	608-849-8385	
Men's Group, Dementia				
Madison/West, Alzheimer's & Dementia Alliance of WI, 3330 University Ave, Suite 300	2nd Thursday @9:15 am	Alzheimer's & Dementia Alliance of WI staff	608-232-3400	
Young Onset Dementia				
Madison/West, Alzheimer's & Dementia Alliance of WI, 3330 University Ave, Suite 300	2nd Saturday @10:00 am	Alzheimer's & Dementia Alliance of WI staff	608-232-3400	Caring for a person with dementia under age 65
Parkinson's Disease				
Fitchburg, Fitchburg Community Center, 5510 Lacy Rd	3rd Monday @2:00 pm	Fitchburg Senior Center Staff	608-270-4290	
Madison/West, Brookdale, 429 S Yellowstone	Last Tuesday @1:00 pm	Brookdale Staff	608-277-1010	

Parkinson's Disease (continued)				
Madison/West, Oakwood Village, 6205 Mineral Point Rd	2nd Thursday @1:30 pm	Oakwood Staff	608-230-4433	
Monona, Monona United Methodist Church, 606 Nichols Rd	1st Wednesday @2:00 pm	Siv Golding	608-839-3512	
Stoughton, Stoughton Area Senior Center, 248 W Main St	4th Wednesday @1:30 pm	Hollee Camacho	608-873-8585	
Verona, Verona Senior Center, 108 Paoli St	3rd Thursday @10:00 am	Barbra Rasmussen	605-848-0432	
Waunakee, Waunakee Senior Center, 333 S Madison St	4th Tuesday @2:00 pm	Candice Duffek	608-849-8385	
ALS Support Groups				
Madison/Central, SSM Health Outpatient Center, 700 S Park St, Level B	2nd Tuesday @1:00 pm	SSM Health Staff	608-260-2900	
Brain Injury Support Group				
Madison/Central, Meriter Hospital, 202 S Park St	2nd Monday @6:30 pm	Lynn Hovey	608-576-5285	
Grandparents & Other Relatives as Parents				
Madison/Central, The Rainbow Project, 831 E. Washington Ave	2nd Saturday @10:00 am - noon	Serena Breining	608-255-7356 Ext 324	Children age 18 and under
Latinx Grandparents Raising Their Grandchildren				
Madison/Central, Madison Senior Center, 330 Mifflin Ave	4th Wednesday @5:30 pm	Rodrigo Valdivia	608-243-5252	Offered in Spanish only