

# 2018 AAA Area Plan Goals

## **Elder Justice** (assigned to Access Committee)

Increase referrals to Adult Protective Services (baseline of 6% in 2014) from law enforcement and emergency responders by providing two training opportunities to county, city, and/or municipal law enforcement and emergency responders about the role and services provided by Adult Protective Services.

Encourage 60 racially-diverse seniors (20 each year) to take charge of their health care decisions prior to crisis situations by providing information, through one APS-led workshop in the community and then linking and assisting Asian seniors to complete and file Health Care Power of Attorney Documents as measured by the number of diverse seniors self-reporting completion of a Health Care Power of Attorney (HC-POA) within three months of the workshop.

Increase awareness about how to report and repair finances for victims of financial scams by APS and Consumer Protection agencies by offering a “train the trainer” workshop for the 40+ Senior Focal Point Case Managers and Student Interns, as measured by: (1) Number of presentations made by Case Managers and seniors in attendance; (2) Number of Consumer Protection Repair Kits distributed to seniors; and, (3) Number of individual clients counseled regarding reporting and repairing finances after a scam.

## **Elder Nutrition Program** (assigned to Nutrition/Wellness Committee)

Relocate meal sites based on Geographic Information System (GIS) mapping data, to ensure meals sites are easily accessible to the greatest number of seniors living alone or in poverty while considering distance, physical or psychological access, transportation, and Federal Americans with Disabilities Act standards.

Manage meal sites more cost effectively by issuing Request for Proposals for strategically relocating existing sites serving fewer than 15 congregate meals and/or 20 home-delivered meals on average through revitalized dining sites with existing or new partners, to include businesses and/or additional agencies that serve older adults to increase utilization.

## **Healthy Aging** (assigned to Nutrition/Wellness Committee)

Develop a direct referral protocol and relationship with the Wisconsin Pharmacy Quality Collaborative for the referral of participants into *Stepping On*, *HLWD*, and *Living with Chronic Conditions* (LWCC) classes.

Increase *Stepping On* workshops in Dane County by 25% (to 19 class cycles).

Strategically coordinate at least five *Stepping On* workshops in geographically diverse areas (including urban, rural, and underserved) throughout Dane County at a variety of host sites including senior centers, senior housing complexes, clinics, hospitals, churches, and community centers, to increase access for individuals to participate.

Recruit and train at least two leaders and two peer leaders in *Stepping On* from communities of color.

Deepen the collaboration with at least two local entities serving and advocating for communities of color by developing a referral system that will fill at least two *Stepping On* classes.

## **Services in Support of Caregivers** (assigned to Access Committee)

Enhance resources within the caregiver community by creating a comprehensive user-friendly toolkit to be made available through support services for seniors.

Collaborate with community partners to solicit 25 volunteers to form 5 respite teams, who will be trained to provide companionship and assistance to care receivers, which will allow caregivers much greater flexibility and more time for themselves.

Collaborate with AARP to expand the state’s caregiver call-in support program by informing Dane County caregivers of this program focused on relieving caregiver stress and isolation.

## **Services to People with Dementia** (assigned to Access Committee)

Develop a county-wide standard and best-practices criteria to help define Dementia-Friendly Communities and Memory Cafes to provide uniformity and ensure program stability and consistency.

Expand community awareness of dementia and/or the Silver Alert Program by creating 15 educational opportunities at community locations to promote livable communities in Dane County.