

## 2018 by the numbers:

- 122 Caregiver Assessments completed
- 103 Grants awarded for a total of \$86,646.56
- Fielded 816 calls and email inquiries regarding the grant program from April 1 – December 31, 2018

## Feedback and research:

### Outcome Evaluation of the National Family Caregiver Support Program for the Administration for Community Living, 12/05/2018

- ***Caregivers who received 4 or more NFCSP respite care hours per week reported a decline in caregiver burden over time.*** However, a limitation of the grant parameters is the 112 hours of respite in a calendar year limit, and that of overall funding.
- ***Caregivers who utilized NFCSP educational services showed increased confidence with caregiving over time.*** Caregivers who attended at least one education/training, counseling, or support group session during the course of the evaluation experienced an increase in self-reported caregiver confidence over time.
- ***More use of NFCSP services was associated with caregivers' perception that the services definitely helped them continue caregiving.***

### 2018 Caregiver Programs Customer Satisfaction Survey, 05/2018:

20% of respondents to the statewide survey came from Dane County, 45 of the 226 total. Ultimately, 100% of survey respondents said they would recommend a friend or family member with similar needs.

## Dane County Caregiver Program 2019:

- Program Coordinator is currently assessing previous grant recipients with the goal of helping find sustainable options for eventual transition from grant funding. Dane County Caregiver Alliance is working on a planning tool/process for more detailed options counseling.
- Processes are under ongoing evaluation for efficacy to ensure funds are used.
- Outreach/education: *Caregiver Chronicles*; Yoga Accessible for All (YAFA) classes for caregivers and early-stage care partners; Mind Diet cooking class for caregiver and early-stage care partners; individual planning sessions for crisis/sustainable caregiving at Senior Focal Points; support to Powerful Tools for Caregiving classes in Stoughton.

●Process ●Partnerships ●Outreach ●Education